

Maryland State Gym

Level 2-4 Power Tumbling

Report card

Name:

Level 2	Level 3	Level 4
Lunge	4 Back Handspring (Standing in a Row)	5 Back Handspring (Standing in a Row)
Handstand	Round off Back Handspring	Standing Pike
Handstand to back Bend	Round off 2 Back Handsprings	Punch Front Straddle Jump
Handstand Front roll	Standing Back Handspring Tuck	Back Handspring Back Tuck Back Handspring
Left Cartwheel	Round off Back Handspring Tuck	Front Handspring Front Tuck Front Handspring
Right Cartwheel	Standing Tuck	Back Layout
Round off	Back Walkover Back Handspring	Back Layout Full
Round off Straddle Jump	Front Walkover Front Handspring	Back Layout 1 1/2
Front Walkover	Front Tuck	Back Layout 2/2
Back Walkover	Front Handspring Front Tuck	Front Layout
Back Handspring	Back Handspring	Front Layout 1/1
Front Handspring	Front Handspring	Front Layout 1 1/2